

**Profile**

Sabrina  
First Name

C  
Middle Initial

Abong  
Last Name

Tesla  
Employer

Production Associate  
Job Title

Email Address

Primary Phone

Alternate Phone

**Are you 18 years of age or older? (Required)**

Yes  No

Question applies to multiple boards

**Do you live within the City Limits of Merced? (Required)**

Yes  No

Street Address  
  
City

Suite or Apt  
  
State   
Postal Code

Question applies to multiple boards

**Are you a registered voter in the City of Merced? (Required)**

Yes  No

**Which Council district do you live in? \***

District 3

**Are you currently serving on a Board or Commission? If so, please list:**

regional airport authority

**Which Boards would you like to apply for?**

Recreation and Parks Commission: Submitted

Question applies to multiple boards

**Highest Level of Education Completed: \***

Associate's Degree

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## Communication

**The City of Merced uses email as a preferred method of communication regarding your application. Is this acceptable to you?**

Yes  No

**If you selected no, please identify how you would like to be contacted:**



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## Interests & Experiences

**Tell us about yourself, and why you are applying for this particular Board or Commission:**

I have lived in the city of Merced since I was 19 currently 26 years old I own a home in Merced and I pay taxes I advocate, work full time and I am a mother of one child.

**Please list your current employer and relevant volunteer experience.**

I am currently sitting on the regional airport authority as a voting member for the third district.

**What is your understanding of the roles and responsibilities of this Board or Commission?**

I have to respect and comply with the brown Act respect my fellow commissioners and advocate for the city I live in.

**Do you have experience or special knowledge pertaining to this Board or Commission?**

I am an alumni of a cohort on behalf of Building Healthy Communities called boards and commission leadership institute, yes I have been on a national advisory board for foster youth and currently sit on one committee of Merced city.

**Any other comments you would like to add that may assist the City Council in their decision?**

I am a former foster youth and have loads of experience advocating and creating change in the legislative branch of government.

[nonprofitresume.pdf](#)

Upload a Resume

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## Requirements

Question applies to multiple boards  
**AB 1234 Ethics Training**

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I Agree \*

Question applies to multiple boards  
**Attendance Policy**

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I Agree \*

Question applies to multiple boards  
**Statement of Economic Interests - FPPC Form 700**

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I Agree \*

Question applies to multiple boards  
**Oath of Office**

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I Agree \*

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Question applies to multiple boards  
**Public Scrutiny**

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I Agree \*

Question applies to multiple boards  
**How did you hear about this vacancy? \***

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A Friend

**If you selected other, please indicate how you learned about the vacancy:**

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## **Demographics**

**Ethnicity**

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Caucasian/Non-Hispanic

**Gender**

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Female

Date of Birth

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**Submission**

**I declare under penalty of disqualification or termination that all statements in this application are true and complete to the best of my knowledge.**

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sca

## Sabrina Abong



### **EDUCATION:**

Los Banos High School Los Banos, CA High School diploma obtained	2013-2015
Willow Glen High School San Jose, CA	2011-2013
Atwater High School Atwater, CA	2011-2011
Merced College Merced, CA Associate's degree with transfer in psychology	May 2018

### **Experience:**

#### **Quality Parenting Initiative conference-panelist**

September 2018

- Be a panelist and share my experiences as a former foster youth to improve resource parents to create stability for foster youth and to be nurtured and to have a long lasting home.

#### **Foster youth support coordinating program-participant**

July 2018-Current

- Improve services for current foster youth in the public educational system to improve their experiences while being in public schools from kindergarten to senior year in high school.

#### **CASA( court appointed special advocate)-mentor**

April 2018-current

- Advocate for a current foster child in merced county for whatever he or she may need and write court reports and recommend the court whatever needs he or she may have.

#### **Rural Justice Summit-participant**

March 2018

- Attend a conference on how to better organize, solve issues from grassroots, the importance of emerging, the importance of why young people should vote and observe what other communities have done and use their model to make Merced Community better.

#### **Golden Valley High School opportunity conference-panelist speaker.**

February 2018

- Communicate to foster parents, probation officers, social workers, teachers, CASA workers about the benefits of coping in foster youth and understanding what he or she is going through or what he or she has gone through.

### **The positives and negative of AB 12 and SB 12-participant**

February 2018

- Attend a round table on how to better implement these bills to better serve the foster care population.

### **Youth Connect committee-participant**

February 2018-present

- Attend a monthly meeting about how to better serve the displaced youth or homeless youth of Merced county and how to partner him or her with resources in the community to make him or her a better productive individual of society.

### **San Diego futures foundation-participant**

December 2017

- Disseminate refurbished computers to foster parents who had foster children in San Diego county.

### **Foster Parent Focus Group-Trainer**

September 2017-Current

- Facilitated training to foster parents on how to improve a foster youth mental health and how to build a relationship built on trust and respect.

### **Merced College Guardian Scholar**

September 2017-May 2018

- Provided foster youth attending Merced College resourced for them to be successful in college.

### **Big Bear Retreat-Facilitator**

August 2017

- Facilitated training and workshops to develop a guardian scholar club at Merced college.

### **Continuum Care Reform- Speaker**

July 2017

- Disseminate and provide vital feedback on the “healthy kids” survey to be presented to Foster Youth in group homes to measure level of happiness.
- Provide them with steps that can be taken to positively create relationships with youth that are in care.

### **PBS SoCal- Participant**

July 2017

- Provide input about foster care and how to best support foster youth through the use of documentaries.

### **Merced City School District LCAP Meeting-Participant**

May 2017

- Participated in district talks as an impacted youth and provided ways to use the money meant for foster youth to ensure more youth become successful.

### **Merced City School District Board Meeting- Participant**

Feb 2017- July 2017

- Attended School Council Meetings and provided a “best practices” approach in how to help the district's foster youth and ensure their success.

### **California Youth Connection – Merced Chapter**

May 2016- Current

- Spoke with legislators and provided them personal experiences and information as to why certain legislation will be beneficial for foster youth if passed such as Senate Bill 1060 which aims to keep siblings connected after adoption.
- Met with my Local Assembly member and informed them of what Foster care is and how their support can secure a better future for the nation’s Foster Youth.

### **Tay Member of Alameda Behavioral Health- Panelist**

February 2020- Current

- Attend monthly meetings on behalf of TAY( Transitional Age Youth) and as a TAY to better help the TAY youth from 16-24.

### **Nytd Reviewer**

March-current

- Attend virtual training biweekly to review the NYTD survey and the findings that have been found from administering the survey to youth in foster care on a federal level from every state.

### **Boards commission and leadership Institute**

August-current

- Attend bi-monthly training on how to publicly speak on a board and be on different boards how to efficiently speak publicly.

### **HeartMath Training**

May-August

- Attend a weekly virtual training to breathe efficiently through stressful times and better calm down.

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## Profile

Sair

First Name

Lara Rodriguez

Last Name

Middle  
Initial

Business Owner

Employer

CEO

Job Title

Email Address

Primary Phone

Alternate Phone

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Question applies to multiple boards

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### Which Boards would you like to apply for?

Recreation and Parks Commission: Submitted

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Question applies to multiple boards

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### Highest Level of Education Completed: \*

Bachelor's Degree



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## Communication

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Yes  No

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## Interests & Experiences

Tell us about yourself, and why you are applying for this particular Board or Commission:

My name is Sair Lara Rodriguez, for the past 5 years I've been one of the strongest advocates for our parks and outdoor spaces. In collaboration with city officials we passed several ordinances to improve and make our parks safer. I also live in front of Applegate park and what affects the park affects my neighbors and I.

Please list your current employer and relevant volunteer experience.

I own two education consulting companies. ELCA and CVELC, I was president of the downtown neighborhood association for a year, and member for 4

What is your understanding of the roles and responsibilities of this Board or Commission?

Make recommendations for projects And decisions regarding the parks.

Do you have experience or special knowledge pertaining to this Board or Commission?

I've spoken in front of the board

Any other comments you would like to add that may assist the City Council in their decision?

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Upload a Resume

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## Requirements

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I Agree \*

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## Oath of Office

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I Agree \*

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## Public Scrutiny

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I Agree \*

Question applies to multiple boards

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## Demographics

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Hispanic

### Gender

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Male

Date of Birth

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## Submission

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Sair Lara